# THE TRAVELLING NATURALIST

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# Tour Report Waders in Friesland

## 17-21 August 2019

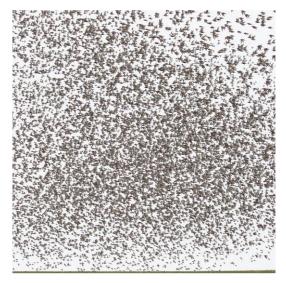
Avocet



Honey buzzard



### Mixed wader flock



# Whimbrel



Compiled by: Martijn Bot



#### Tour Leaders: Martijn Bot & Lazar Brinkhuizen (day 2, 3 and 4) with 7 participants

The third edition of this unique short birding break was once again one to remember. We had a great time with many birds and a very enthusiastic group with birders from Scotland, England, India and Australia. It's worth mentioning that the itinerary is just a guide, to give an impression of the areas we will visit. More than with any other group of birds, waders are very much dependent on weather circumstances, water level and the tides, so a few days before the actual start of the trip we (the guides) decide which order to visit the key sites is, and where to go on which day, according to the most recent predictions as well as observations of local birders.

#### Day 1: Arrive Schiphol & transfer to Zuidhorn; first hours of birding

Saturday 17 August 2019

#### Weather: Sunny, some clouds; 21°C

All flights arrived in time, so around mid-afternoon we got into the minibus for a transfer to the comfortable hotel in the northern village of Zuidhorn, the hotel which would be the 'base camp' for the rest of this birding trip.

After having checked in and refreshed, we had a welcome drink (with some 'bitterballen', a local treat) and the slightly rescheduled program for the coming days was revealed. Despite being almost diner time, everybody was really eager to do at least some birding as a kick-off. We decided to visit the closest reserve possible, which happened to be also the best place to start (Ezumakeeg, part of Lauwersmeer National Park). The light conditions were perfect and there were many, many birds around. Too many, in fact, to check in just 1.5 hours. We managed to see some really good (and even rare) birds, for example an isabelline shrike (a true rarity which had recently been discovered and was easily re-found) but also three juvenile red-necked phalaropes at short distance as well as some Temminck's stints, little stints, whimbrels, black-tailed godwits, pied avocets, ruff and a close encounter with both a juvenile sparrowhawk and peregrine. A very good start indeed at a place that very much needed second visit later on during this trip.

#### Day 2: Westhoek, Holwerd & Bochtjesplaat (Lauwersmeer NP)

#### Sunday 18 August 2019

#### Weather: Cloudy with regular showers in the morning until mid-afternoon & sunny last part of the day. 20°C

Weather predictions were not too promising for today and, unfortunately, the predictions became reality. However, we had a truly amazing and spectacular day at one of the best wader spots of north-western Europe despite, but also thanks to, the weather conditions. Because of wind and rain, the tens of thousand of waders decided to choose an inland meadow instead of the usual high tide roost to rest and because we had found ourselves a strategic, front row position next to the meadow we had stunning views of the mindblowing numbers of dunlin, curlew sandpiper, ringed plover, little stint, grey plover and some occasional golden plover coming in from the Wadden Sea. What happened right in front of us was undoubtedly already one of the highlights of the trip and a must-see for any bird lover!

After having spent most of the morning and a part of the afternoon at Westhoek, we moved east in the afternoon to the pier of the Frisian village of Holwerd, another famous wader hotspot. Here, we were treated to close views of ruddy turnstone, knot, curlew sandpiper, bar-tailed godwit, ringed plover, whimbrel, dunlin, little stint, curlew, eider and more. Last stop of the day was another part of Lauwersmeer NP, where we enjoyed sunshine as well as great egrets, and common, green and curlew sandpipers, little stint, little ringed plover, a hunting goshawk and a beautiful young male common kingfisher. Last birds of the day, on the way back, were three young black redstarts and 37 great egrets in one field.



#### Day 3: Zuidlaardermeer, Oldambt, Breebaartpolder

#### Weather: Partly cloudy; 21°C

Today we visited a mixture of salt and freshwater reserves as well as some raptor hotspots. This part of the Netherlands is not only famous for its waders but also for huge numbers of raptors, including some scarce species that can (almost) only be found here. The group had already found out that the 'common' raptor species are really abundant (such as kestrels, common buzzards and marsh harriers), but today we added some specialties.

We had what you might call a kick-start because immediately after breakfast we were triggered by a bunting we saw flying out of a ditch. As we stopped the minivan, the ditch and the surrounding oak trees turned out to be a songbird hotspot (apparently there was something really tasty to be found there), because within 15 minutes we saw species such as yellowhammer (that was the bunting it all started with) common redstart, spotted flycatcher, treecreeper, chiffchaff and common linnet. The highlight, however, was a truly stunning adult honey buzzard, that came overhead at almost touching distance! This was the beginning of a series of good raptors, because not long after this beauty we found several Montagu's harriers of all plumages (male, female and juvenile). Groningen (Oldambt, to be more specific) is the stronghold of the Dutch population of this vulnerable but fantastic raptor and thanks to collaboration between nature conservation organisations and local farmers, they have returned as a breeding species and are now doing relatively well. We saw at least eight different birds along with once again a great many common buzzards, kestrels, marsh harriers and a goshawk.

Next stop was another wader reserve, situated on the border of the Wadden Sea (a UNESCO World Heritage Site): polder Breebaart. Unfortunately, the tide came in a bit too fast and therefor many waders decided to choose the surrounding farmlands to rest (out of sight...). Nevertheless, there was still enough to enjoy, including 140 spoonbills, many spotted redshanks and several groups of ringed plovers, dunlins, golden plovers and avocets. A nice bonus was 300 common seals resting at a sand bank at about 50 metres distance.

Next up was the freshwater reserve of Zuidlaardermeer near the city of Groningen. Once an agricultural area, it has recently turned into one of the largest nature reserves of the northern part of the country and the only breeding location of whiskered terns in north-western Europe. Besides that, there are always many other birds to be enjoyed and today we found out why birders should never skip this reserve while birding in this part of the country. We spent three hours on two viewing points and saw three white-tailed eagles (the local pair and a recently fledged youngster), four glossy ibises (a rarity!), many white storks, some common, spotted, wood and green sandpipers, two water rails, three Caspian terns (overhead), some black terns, several black-necked grebes and some whiskered terns. This specialty will migrate south in the weeks to come, but we could still enjoy some adults and many juveniles hunting for frogs in the many ditches inside the reserve.

After dinner, we heard the begging calls of at least two juvenile long-eared owls.

#### Day 4: Lauwersmeer National Park

#### Tuesday 20 August 2019

#### Weather: Partly cloudy; 21°C

Today we spent a full day in and around this famous national park, situated on the border of the Wadden Sea and in the provinces of Groningen and Friesland. We started on the Groningen side with another great nature spectacle: thousands of incoming geese, mainly barnacle geese but also greylags as well as tens of ruddy shelducks and several groups of spoonbills. After having spent the night elsewhere, they returned to Lauwersmeer during the course of the morning to feed and wash. They all come from the same direction, so when you know where to wait for them, they come flying in at very short distance and practically overhead. We spent two hours enjoying this event, also enjoying the other species present such as Caspian



terns, bearded tits, Montagu's harriers, wigeons, four white-fronted geese and a spectacular-looking leucistic white wagtail (a completely white bird).

After having lunch at the visitor centre we found the unringed Ross's goose that had been found a week earlier quite easily in the company of, once again, many barnacle and greylag geese. We spent the afternoon in the Frisian side of the national park and enjoyed birds including red-backed shrike, two red-necked phalaropes, a nice close Caspian tern, several Temminck's and little stints, curlew sandpipers, ruff, wood, common and green sandpipers, greenshanks, spotted redshanks, pied avocets, ringed and little ringed plovers, common snipe, a fly-by little gull, and several reed warblers and reed buntings.

#### Day 5: Oostvaardersplassen

#### Wednesday 21 August 2019

#### Weather: Sunny; 23°C

Today was the last day of the trip, but it turned out to be a day well spent because on the way to Amsterdam lies a famous reserve, perfectly suitable for an enjoyable morning/afternoon of birding before the flight in the evening. We arrived at about 10am and started off with a short hike from the visitor centre, followed by several visits to viewing points and bird hides. We immediately found out why the reserve is so famous, because a nice selection of birds was presented to us in a relatively short time: willow tits, bearded tits, ruddy shelducks (with one cape shelduck amongst them), ruff, common sandpipers, spotted redshanks, pied avocets, spoonbills, hundreds of black terns and a water rail all showed well, but the highlight of the visit here was the white-tailed eagle show. We saw no less than EIGHT individuals, including four immature birds together. Amongst them was the adult male of the local breeding pair that was actually calling to impress the young intruders: a very impressive and rarely heard sound indeed!

Last stop was a gulling site at the border of the Ijsselmeer, where we could nicely compare different plumages of black-headed, common, herring, yellow-legged and Caspian gulls. After we had gone through the last of our daily checklists it was time to head to the airport and say goodbye. The last species that could be added to the trip list was a little egret we saw from the highway; we were sharp and focused until the very last minute!



# Checklist



	Common Name	Scientific Name	Day 1	Day 2	Day 3	Day 4	Day 5
	BIRDS	Aves					
1	Canada goose	Branta canadensis			✓	$\checkmark$	
2	Barnacle goose	Branta leucopsis	~			~	
3	Snow goose	Anser caerulescens					
4	Greylag goose	Anser anser	~	~	✓	~	✓
5	Greater white-fronted goose	Anser albifrons				~	
6	Mute swan	Cygnus olor	~	~	✓	~	✓
7	Common shelduck	Tadorna tadorna	~		✓	~	✓
8	Ruddy shelduck	Tadorna ferruginea				~	✓
9	Northern shoveler	Spatula clypeata	~		✓	~	
10	Gadwall	Mareca strepera	~	~	✓	~	✓
11	Eurasian wigeon	Mareca penelope				~	
12	Mallard	Anas platyrhynchos	~	~	✓	$\checkmark$	✓
13	Northern pintail	Anas acuta					
14	Eurasian teal	Anas crecca	~	~	✓	$\checkmark$	✓
15	Red-crested pochard	Netta rufina					
16	Common pochard	Aythya ferina			✓	~	



17	Tufted duck	Aythya fuligula			✓	✓	$\checkmark$
18	Common eider	Somateria mollissima		~			
19	Little grebe	Tachybaptus ruficollis			~	~	~
20	Great crested grebe	Podiceps cristatus	~		~	~	~
21	Black-necked grebe	Podiceps nigricollis			~		
22	White stork	Ciconia ciconia	~	~	~	~	~
23	Glossy ibis	Plegadis falcinellus			~		
24	Eurasian spoonbill	Platalea leucorodia	~	~	~	~	~
25	Grey heron	Ardea cinerea	$\checkmark$	~	~	~	$\checkmark$
26	Great egret	Ardea alba		~	~	~	$\checkmark$
27	Little egret	Egretta garzetta					$\checkmark$
28	Northern gannet	Morus bassanus					
29	European shag	Phalacrocorax aristotelis					
30	Great cormorant	Phalacrocorax carbo	~	~	~	~	~
31	Western osprey	Pandion haliaetus					
32	European honey-buzzard	Pernis apivorus			~		
33	Eurasian sparrowhawk	Accipiter nisus	~	~		~	
34	Northern goshawk	Accipiter gentilis		~	~		
35	Western marsh harrier	Circus aeruginosus	~	~	~	~	~
36	Hen harrier	Circus cyaneus					
37	Montagu's harrier	Circus pygargus			~	~	



38	White-tailed eagle	Haliaeetus albicilla			~		~
39	Common buzzard	Buteo buteo	~	~	~	~	~
40	Water rail	Rallus aquaticus			~		✓
41	Common moorhen	Gallinula chloropus	~	~	~	~	✓
42	Eurasian coot	Fulica atra	~	~	~	~	~
43	Eurasian oystercatcher	Haematopus ostralegus		~	~	~	~
44	Pied avocet	Recurvirostra avosetta	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$
45	Northern lapwing	Vanellus vanellus	~	~	~	$\checkmark$	$\checkmark$
46	European golden plover	Pluvialis apricaria	$\checkmark$	~	$\checkmark$	$\checkmark$	
47	Grey plover	Pluvialis squatarola		~	$\checkmark$		
48	Common ringed plover	Charadrius hiaticula	$\checkmark$	~	$\checkmark$	$\checkmark$	
49	Little ringed plover	Charadrius dubius	$\checkmark$	~		$\checkmark$	
50	Whimbrel	Numenius phaeopus	~	~			
51	Eurasian curlew	Numenius arquata		~	~	$\checkmark$	
52	Black-tailed godwit	Limosa limosa	~	~	~	$\checkmark$	$\checkmark$
53	Bar-tailed godwit	Limosa lapponica		~			
54	Ruddy turnstone	Arenaria interpres		~			
55	Red knot	Calidris canutus		~			
56	Ruff	Philomachus pugnax	~	~	~	$\checkmark$	~
57	Curlew sandpiper	Calidris ferruginea		~		$\checkmark$	
58	Temminck's stint	Calidris temminckii	~			$\checkmark$	



59	Dunlin	Calidris alpina		✓	~		
60	Little stint	Calidris minuta	~	~		~	
61	Common snipe	Gallinago gallinago		~	~	~	
62	Red-necked phalarope	Phalaropus lobatus	~			~	
63	Common sandpiper	Actitis hypoleucos	~	~	~	~	~
64	Green sandpiper	Tringa ochropus	~	~		~	
65	Common redshank	Tringa totanus	~	~			
66	Wood sandpiper	Tringa glareola	~		~	~	
67	Spotted redshank	Tringa erythropus	~	~	~	~	~
68	Common greenshank	Tringa nebularia		~	~	~	
69	Black-headed gull	Chroicocephalus ridibundus	~	~	~	~	~
70	Little gull	Hydrocoloeus minutus		~		~	
71	Common gull	Larus canus	~	~	~	~	~
72	Great black-backed gull	Larus marinus	~		~	~	
73	European herring gull	Larus argentatus		~	~	~	~
74	Caspian gull	Larus cachinnans					~
75	Yellow-legged gull	Larus michahellis					~
76	Lesser black-backed gull	Larus graellsii	~	~	~	~	~
77	Caspian tern	Hydroprogne caspia			~	~	
78	Common tern	Sterna hirundo		~	~	~	~
79	Whiskered tern	Chlidonias hybrida			~		



80	Black tern	Chlidonias niger	$\checkmark$		✓		$\checkmark$
81	Stock dove	Columba oenas	✓	$\checkmark$	~	~	$\checkmark$
82	Common wood pigeon	Columba palumbus	✓	√	~	~	✓
83	Eurasian collared dove	Streptopelia decaocto	✓	✓	✓	~	
84	Northern long-eared owl	Asio otus			~		
85	Common swift	Apus apus		$\checkmark$	~	~	
86	Common kingfisher	Alcedo atthis			~		$\checkmark$
87	Great spotted woodpecker	Dendrocopos major			~	~	$\checkmark$
88	Peregrine falcon	Falco peregrinus	~	$\checkmark$		~	
89	Red-backed shrike	Lanius collurio				~	
90	Eurasian jay	Garrulus glandarius			~		
91	Eurasian magpie	Pica pica	~	$\checkmark$	~	~	$\checkmark$
92	Western jackdaw	Corvus monedula	~	$\checkmark$	~	~	~
93	Rook	Corvus frugilegus	~	$\checkmark$	~	~	
94	Carrion crow	Corvus corone	~	$\checkmark$	~	~	$\checkmark$
95	Willow tit	Poecile montanus					$\checkmark$
96	Eurasian blue tit	Cyanistes caeruleus	✓	$\checkmark$	~	~	$\checkmark$
97	Great tit	Parus major		$\checkmark$	~	~	$\checkmark$
98	Bearded reedling	Panurus biarmicus	✓			~	$\checkmark$
99	Eurasian skylark	Alauda arvensis			~		
100	Sand martin	Riparia riparia		$\checkmark$	~	~	$\checkmark$



101	Barn swallow	Hirundo rustica	✓	✓	✓	~	~
102	Common house martin	Delichon urbicum		~	~	~	~
103	Cetti's warbler	Cettia cetti					~
104	Common chiffchaff	Phylloscopus collybita		~	~	~	~
105	Sedge warbler	Acrocephalus schoenobaenus				~	
106	Eurasian reed warbler	Acrocephalus scirpaceus	~			~	~
107	Eurasian blackcap	Sylvia atricapilla					~
108	Common whitethroat	Sylvia communis			~		
109	Eurasian wren	Troglodytes troglodytes			~		~
110	Eurasian nuthatch	Sitta europaea					~
111	Short-toed treecreeper	Certhia brachydactyla			~		~
112	Common starling	Sturnus vulgaris	~	~	~	~	~
113	Common blackbird	Turdus merula			~		$\checkmark$
114	Spotted flycatcher	Muscicapa striata			~		
115	Black redstart	Phoenicurus ochruros		~			
116	Common redstart	Phoenicurus phoenicurus			~		
117	European stonechat	Saxicola rubicola			~		
118	House sparrow	Passer domesticus	~	~	~	~	~
119	Eurasian tree sparrow	Passer montanus		~			
120	Western yellow wagtail	Motacilla flava	~	~	~	~	~
121	White wagtail	Motacilla alba	✓	~	~	~	~



122	Meadow pipit	Anthus pratensis		~	$\checkmark$	$\checkmark$	
123	Common chaffinch	Fringilla coelebs			~		$\checkmark$
124	European greenfinch	Chloris chloris			$\checkmark$		$\checkmark$
125	Common linnet	Linaria cannabina		~	~	~	
126	European goldfinch	Carduelis carduelis		~	$\checkmark$	~	$\checkmark$
127	Yellowhammer	Emberiza citrinella			$\checkmark$		
128	Common reed bunting	Emberiza schoeniclus			$\checkmark$	~	$\checkmark$
129	Ross's Goose	Anser rossii				~	
130	Isabelline shrike	Lanius isabellinus	✓				
	Introduced or escaped species (not countable):						
1	Egyptian goose	Alopochen aegyptiaca		~		$\checkmark$	
2	Ruddy duck	Oxyura jamaicensis			$\checkmark$		
3	Common pheasant	Phasianus colchicus			$\checkmark$		
4	Cape shelduck	Tadorna cana					~

