THE TRAVELLING NATURALIST

TRAVEL I EXPERIENCE I CONSERVE

Tour Report

Poland – Primeval Forests & Marshes 6-13 May 2019

Bee-eater



Lesser-spotted eagle



Corncrake



Pygmy owl





Tour Leader: Andrzej Petryna with 8 participants

Our trip covered an area in the north-east part of Poland called Podlasie region, which has one of the last European remnants of natural forest — the Białowieża Forest, and one of the largest European wetland areas — the Biebrza Marshes. This year's dry and early spring shortened the migration period at the Biebrza Marshes, because the flooded areas convenient for waders dried out much earlier than usual. This weather also brought some changes to the Białowieża Forest — because of drying meadows around the villages adjacent to the forest, the European bison stayed in more attractive feeding places deep in the woods.

Day 1: Arrive in Białowieża; the Białowieża Forest

Monday 6 May 2019

Weather: clouds 50/50; 12°C; rain in the afternoon

After collecting all participants, we headed north-east towards the Białowieża Forest, spotting some urban birds (such as jackdaw, hooded crow and blackbird) as we travelled. After a short lunch break en route, we left the main express road and drove through the pleasant countryside, past small villages, numerous white stork nests along the road and a mosaic of crop fields and managed forests. Apart from white storks, some common buzzard, grey partridge, starling and numerous corvids were spotted from the bus, while in one of the villages we stopped for a while to observe ortolan bunting. After reaching Białowieża village and getting comfortable in our rooms, we still had enough time for a short walk around the impressive 19th century park surrounding our hotel. After dinner it started raining, so we stayed in the hotel discussing our plans for the coming days in the Białowieża Forest.

Day 2: The Białowieża Forest

Tuesday 7 May 2019

Weather: cloudy; 10-15°C

We started at dawn in order to check the favourite bison places around the Białowieża Forest. To start with, we found fresh footprints and droppings of bison and elk, but none were to be seen. Instead we spotted a few roe deer and had very good views of a singing male red-breasted flycatcher. After breakfast we moved to the northern part of the forest, where we saw three-toed and grey-headed woodpecker, barred warbler and crested tit. During sunny moments we watched some interesting butterfly activity – including green hairstreak, small copper, European map and comma. After an early dinner we drove to the Narew River valley to visit a great snipe lek. During an atmospheric evening at a wet meadow with grasshopper warbler, common snipe and corncrake singing and calling in the background, we spotted about three great snipe males displaying at the lek. On the way back we noticed few woodcocks flying along the forest track.

Day 3: The Białowieża Forest

Wednesday 8 May 2019

Weather: full sunshine; 20°C

After 'dawn patrol', followed by a hearty breakfast, we visited the core area of Białowieża National Park – the Strict Reserve, established in 1921. Due to the high content of deadwood in all of the Strict Reserve's habitats, this area is the most valuable part of Białowieża Forest and has a tremendous level of biodiversity. During a three-hour walk with the local Białowieża Forest guide we observed several interesting species of birds, such as black woodpecker, white-backed and middle spotted woodpecker, collared flycatcher and hawfinch, while on the way out of the reserve we spotted a lesser spotted eagle soaring over the meadow. After lunch we walked along Narewka River valley rewarded with nice sightings of kingfisher, Savi's warbler and watervole. At the meadows near the river we also met Polish horses, the descendants of extinct wild tarpan, nowadays used as 'living lawnmowers' in nature reserves. In the evening we again set off to the forest, this time aiming for a pygmy owl, which we saw successfully after a short wait near its breeding territory.



Weather: sunny; 20°C

An early morning walk in the forest brought more fresh footprints of bison and a small herd of red deer. After breakfast we picked another forest trail and visited a nesting territory of white-backed woodpecker, and enjoyed stunning views of adult white-backs feeding young. Black woodpecker, lesser-spotted woodpecker, green sandpiper and redshank were also seen around, as well as some speckled wood butterflies. After lunch part of the group visited the park's Natural Museum, while the rest of participants spent their time on a leisurely walk near Narewka River, visiting afterwards the 19th century train station with a small collection of the steam engines at the outskirts of the Białowieża village. At the meadows near the station, marsh and Montagu's harrier were spotted. In the evening we all went for a last walk in Białowieża Forest, where several woodcocks were our last wildlife highlight in the Primeval woodland.

Day 5: Transfer to the Biebrza Marshes

Friday 10 May 2019

Weather: sky overcast with low cumulus clouds; 20°C; strong wind in the afternoon

After an optional early morning walk in the Palace Park and breakfast back at the hotel, we transferred north-east towards the Biebrza Marshes with two planned stops: Siemianówka reservoir in the north part of Białowieża Forest, and Dojlidy fishponds at the edge of Białystok, the capital city of Podlasie region. While Siemianówka reservoir was a very good site for birds of prey and marsh terns (two greater spotted eagles, lesser spotted eagle, white-tailed eagle, marsh and Montagu's harrier, white-winged terns, whiskered and black terns), at the next stop at Dojlidy fishponds we added to our list a red-necked grebe, great reed warbler, black stork and penduline tit on its distinctive nest. In such windy weather only few blue emperor and common winter damselfly were spotted. We reached our hotel, an old manor house situated at the edge of the marshes, early in the afternoon. After some leisure time and dinner, we eventually drove towards one of main rivers in the area, where we took a boat trip at dusk to look for beavers. During the hour-long cruise, we saw several beavers feeding and swimming near the banks of the river, as well as one American mink at the water's edge. It was a long, intense day and everyone looked forward to the well deserved rest.

Day 6: The Biebrza Marshes

Saturday 11 May 2019

Weather: sunny; 7°C in the early morning; 23°C in the afternoon

After a pre-breakfast walk and a hearty breakfast at the hotel, we drove to the main part of the marshes – a large open area of fens in the southern part – we saw citrine wagtail and Montagu's harrier, and heard an aquatic warbler. We also spotted two elks in the distance. We then continued our trip to the middle part of the marshes. In small marshy area near the old Biebrza riverbed we managed to get a short glimpse of little crake, and much better views of bluethroat and penduline tit. On the way back, with cranes and hoopoes in the field, we stopped at the Biebrza river bank, a very good site for waders – wood sandpiper, spotted redshank, black-tailed godwit jack snipe and ruff were spotted there, as well as marsh, common and little terns. Again we finished our day late in the evening.

Day 7: The Biebrza Marshes

Sunday 12 May 2019

Weather: sunny; about 20°C

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After an early morning walk near our hotel we drove back to the open marshes. This time we had aquatic warbler in view, along with citrine wagtail and Montagu's harrier. We were luckier with elk this time, as we saw two of them much closer to us than the previous time. We then stopped in the area of raised bog, to see original plants connected with this habitat such as Labrador tea, bog billberry, sandew and sphagnum moss. We also visited an alder bog forest, where black and lesser spotted woodpeckers were seen. As it



was our last full day at the marshes, we decided to spend the afternoon in the same place at the river bank that we visited yesterday – the only site wet enough for seeing waders and marsh terns. After dinner at our hotel, we had an optional evening walk near our accommodation.

Day 8: Transfer to Warsaw airport

Monday 13 May 2019

Weather: sunny; 25°C

Because of the late departure from WAW airport, we didn't have to rush back to Warsaw, and so we decided to spend few more hours in the marshes. After an early morning walk and breakfast we left the hotel and stopped by the Narew River for a relaxing walk. An adult male common rosefinch was spotted, a first observation for the year. We also stopped at a sandpit where there was a breeding colony of beeeaters, and about 10 birds were seen (also a first for the year). It was the last such interesting highlight of our tour. After a three-hour transfer our trip has finished at Warsaw Airport.



Checklist



	Common Name	Scientific Name	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
	BIRDS	AVES								
1	Great Crested Grebe	Podiceps cristatus					✓			
2	Red-necked Grebe	odiceps grisegena					✓			
3	Great Cormorant	Phalacrocorax carbo					✓			
4	Great / Eurasian Bittern	Botaurus stellaris					Н			
5	Great White Egret	Egretta alba			✓		✓	✓		
6	Grey Heron	Ardea cinerea					✓	✓	✓	✓
7	White Stork	Ciconia ciconia	✓	✓	✓	✓	✓	✓	✓	✓
8	Black Stork	Ciconia nigra					✓			
9	Mute Swan	Cygnus olor					✓	✓	✓	✓
10	Whooper Swan	WCygnus cygnus				✓	✓			
11	Greylag Goose	Anser anser				✓	✓		✓	
12	Mallard	Anas platyrhynchos	✓	✓	✓	✓	✓	✓	✓	
13	Gadwall	Anas strepera					✓			
14	Garganey	Anas querquedula					✓			
15	Common Pochard	Aythya ferina					✓			



16	Tufted Duck	Aythya fuligula					✓			
17	Common goldeneye	Bucephala clangula					✓			
18	White-tailed eagle	Haliaeetus albicilla					✓		✓	
19	Lesser spotted eagle	Aquila pomarina					✓			
20	Greater spotted eagle	Aquila clanga			✓		✓			
21	Marsh-harrier	Circus aeruginosus				✓	✓	✓	✓	
22	Montagu's harrier	Circus pygargus				✓	✓	✓	✓	
23	Common buzzard	Buteo buteo	✓		✓	✓	✓	✓	✓	
24	Sparrowhawk	Accipiter nisus							✓	
25	Common / Eurasian kestrel	Falco tinnunculus					✓			
26	Grey partridge	Perdix perdix	✓						✓	✓
27	Common quail	Coturnix coturnix			Н					
28	Corncrake	Crex crex		Н	✓			Н	Н	
29	Little crake	Porzana parva						✓		
30	Common moorhen	Gallinula chloropus								✓
31	Common / Eurasian coot	Fulica atra				✓	✓	✓	✓	
32	Common crane	Grus grus				✓	✓	✓	✓	
33	Little ringed plover	Charadrius dubius							✓	
34	Northern lapwing	Vanellus vanellus					✓	✓	✓	
35	Dunlin	Calidris alpina					✓		✓	



36	Temminck's stint	Calidris temminckii							✓	
37	Wood sandpiper	Tringa glareola					✓		✓	
38	Green sandpiper	Tringa ochropus				✓				
39	Common sandpiper	Actitis hypoleucos			✓					
40	Common redshank	Tringa totanus				✓	✓			✓
41	Spotted redshank	Tringa erythropus					✓			
42	Common greenshank	Tringa nebularia								✓
43	Black-tailed godwit	Limosa limosa					✓			✓
44	Eurasian woodcock	Scolopax rusticola		✓						
45	Great snipe	Gallinago media		✓						
46	Common snipe	Gallinago gallinago		✓			✓		✓	
47	Jack snipe	Lymnocryptes minimus					✓			
48	Ruff	Philomachus pugnax					✓		✓	
49	Black-headed gull	Larus ridibundus	✓				✓	✓	✓	✓
50	European herring gull	Larus argentatus	✓							
51	Little tern	Sternula albifrons						✓		
52	Common tern	Sterna hirundo						✓	✓	
53	Black tern	Chlidonias niger				✓	✓	✓	✓	
54	White-winged tern	Chlidonias leucopterus				✓	✓	✓	✓	
55	Whiskered tern	Chlidonias hybrida				✓	✓	✓	✓	



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56	Feral pigeon	Columba livia feral	✓	✓		✓	✓	✓	✓	✓
57	Wood pigeon	Columba palumbus		✓	✓	✓	✓	✓		
58	Collared dove	Streptopelia decaocto				✓	✓	✓	✓	
59	Cuckoo	Cuculus canorus		✓	✓		Н	Н	Н	
60	Tawny owl	Strix aluco			Н					
61	Pygmy-owl	Glaucidium passerinum			✓					
62	Swift	Apus apus					✓	✓	✓	✓
63	Ноорое	Upupa epops						✓	✓	
64	Kingfisher	Alcedo atthis			✓	✓				
65	Bee-eater	Merops apiaster								✓
66	Black woodpecker	Dryocopus martius			✓	✓			✓	✓
67	Grey-headed woodpecker	Picus canus		✓	✓					
68	Great spotted woodpecker	Dendrocopos major	✓	✓	✓	✓	✓			
69	Middle spotted woodpecker	Dendrocopos medius			✓					
70	White-backed woodpecker	Dendrocopos leucotos			✓	✓				
71	Three-toed woodpecker	Picoides tridactylus		✓						
72	Lesser spotted woodpecker	Dendrocopos minor				✓			✓	
73	Eurasian wryneck	Jynx torquilla		✓	✓					
74	Skylark	Alauda arvensis	✓		Н			✓	✓	✓
75	Woodlark	Lullula arborea						✓		
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76	Sand martin / Bank swallow	Riparia riparia							✓	✓
77	Barn swallow	Hirundo rustica		✓			✓	✓	✓	✓
78	Northern house-martin	Delichon urbicum	✓	✓			✓	✓	✓	✓
79	Meadow pipit	Anthus pratensis						✓	✓	
80	White wagtail	Motacilla alba		✓	✓		✓	✓	✓	✓
81	Yellow wagtail	Motacilla flava						✓		
82	Citrine wagtail	Motacilla citreola						✓	✓	
83	Wren	Troglodytes troglodytes			Н					
84	European robin	Erithacus rubecula		✓	✓	✓	✓			
85	Thrush nightingale	Luscinia luscinia				Н	Н	Н	Н	Н
86	Bluethroat	Luscinia svecica						✓		
87	Common redstart	Phoenicurus phoenicurus					✓	✓		Н
88	Black redstart	Phoenicurus ochruros	✓	✓	✓				✓	✓
89	Northern wheatear	Oenanthe oenanthe							✓	
90	Whinchat	Saxicola rubetra		✓	✓		✓		✓	
91	Song thrush	Turdus philomelos			✓		✓	✓		
92	Fieldfare	Turdus pilaris			✓			✓	✓	✓
93	Blackbird	Turdus merula	✓	✓	✓		✓	✓	✓	✓
94	Barred warbler	Sylvia nisoria		✓						
95	Blackcap	Sylvia atricapilla		✓	✓		✓	✓		
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96	Lesser whitethroat	Sylvia curruca					✓		✓
97	Common whitethroat	Sylvia communis					✓	✓	✓
98	Sedge warbler	Acrocephalus schoenobaenus					✓	✓	
99	Aquatic warbler	Acrocephalus paludicola					Н	✓	
100	Grasshopper-warbler	Locustella naevia	Н						
101	Savi's warbler	Locustella luscinioides		Н	✓		✓		
102	Reed-warbler	Acrocephalus scirpaceus				✓			
103	Marsh warbler	Acrocephalus palustris				✓			
104	Great reed-warbler	Acrocephalus arundinaceus				✓	✓	Н	Н
105	Icterine warbler	Hippolais icterina			✓			Н	
106	Willow warbler	Phylloscopus trochilus	✓			✓	✓	✓	
107	Wood warbler	Phylloscopus sibilatrix	✓	✓				✓	
108	Chiffchaff	Phylloscopus collybita	Н			✓	✓	✓	✓
109	Goldcrest	Regulus regulus				✓			
110	Spotted flycatcher	Muscicapa striata	✓		✓	✓			
111	Red-breasted flycatcher	Ficedula parva	✓						
112	Collared flycatcher	Ficedula albicollis		✓					
113	Great tit	Parus major	✓	✓	✓	✓	✓	✓	✓
114	Coal tit	Periparus ater	Н						
115	Blue tit	Cyanistes caeruleus	✓	✓	✓	✓		✓	
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116	Crested tit	Lophophanes cristatus		✓						
117	Willow tit	Poecile montanus				✓				
118	Marsh tit	Poecile palustris					✓			
119	Long-tailed tit	Aegithalos caudatus					✓		✓	
120	Bearded tit / Reedling	Panurus biarmicus					Н			
121	Penduline tit	Remiz pendulinus				✓	✓			
122	Nuthatch	Sitta europaea		✓	✓	✓				
123	Treecreeper	Certhia familiaris				✓				
124	Red-backed shrike	Lanius collurio		✓						
125	Magpie	Pica pica	✓	✓			✓	✓	✓	
126	Jay	Garrulus glandarius						✓	✓	
127	Jackdaw	Corvus monedula	✓	✓	✓	✓	✓	✓	✓	✓
128	Rook	Corvus frugilegus	✓						✓	
129	Hooded crow	Corvus cornix	✓					✓	✓	✓
130	Raven	Corvus corax	✓	✓	✓		✓	✓	✓	
131	Starling	Sturnus vulgaris	✓	✓	✓	✓	✓	✓	✓	✓
132	Eurasian golden-oriole	Oriolus oriolus		Н				✓		✓
133	House sparrow	Passer domesticus	✓				✓	✓		✓
134	Tree-sparrow	Passer montanus					✓	✓		✓
135	Chaffinch	Fringilla coelebs	✓	✓	✓		✓	✓		✓



136	Linnet	Carduelis cannabina						✓		✓
137	Goldfinch	Carduelis carduelis					✓		✓	
138	Greenfinch	Carduelis chloris					✓	Н	✓	
139	Siskin	Carduelis spinus							✓	
140	Serin	Serinus serinus			✓					✓
141	Bullfinch	Pyrrhula pyrrhula					✓			
142	Hawfinch	Coccothraustes coccothraustes			✓					
143	Common crossbill	Loxia curvirostra				Н				
144	Common/Scarlet rosefinch	Carpodacus erythrinus								✓
145	Reed bunting	Emberiza schoeniclus			Н		✓	✓		✓
146	Ortolan bunting	Emberiza hortulana	Н							
147	Yellowhammer	Emberiza citrinella	✓					✓	✓	✓
148	Corn bunting	Emberiza calandra	✓		✓			✓		
	Butterflies									
1	Small skipper	Thymelicus sylvestris							✓	
2	Green hairstreak	Callophrys rubi		✓						
3	Small blue	Cupido minimus			✓					
4	Small copper	Lycaena phlaeas		✓					✓	
5	Peacock	Aglais io		✓	✓			✓		
6	Small tortoiseshell	Aglais urticae			✓		✓			



7	European map	Araschnia levana	✓	✓				✓	
8	Speckled wood	Pararge aegeria			✓				
9	Comma	Polygonia c-album	✓						
10	Red admiral	Vanessa atalanta				✓			
11	Painted lady	Vanessa cardui	✓	✓	✓	✓	✓	✓	✓
12	Orange tip	Anthocharis cardamines	✓	✓				✓	
13	Brimstone	Gonepteryx rhamni		✓			✓	✓	
14	Large white	Pieris brassicae			✓				
15	Green-veined white	Pieris napi	✓	✓			✓		
16	Small white	Pieris rapae			✓				
	Moths								
1	Clouded border	Lomaspilis marginata						✓	
2	Argent and sable	Rheumaptera hastata						✓	
	Dragonflies								
1	Splendid demoiselle	Calopteryx splendens		✓	✓				
2	Beautiful demoiselle	Calopteryx virgo		✓	✓				
3	Common winter damselfly	Sympecma fusca				✓			
4	Blue featherleg	Platycnemis pennipes				✓			
5	Blue emperor	Anax imperator				✓			
6	Brilliant emerald	Somatochlora metallica				✓			

	MAMMALS	MAMMALIA							
1	European bison	Bison Bonasus	✓	✓	✓				
2	Red deer	Cervus elaphus	✓		✓		✓		
3	Roe deer	Capreolus capreolus	✓					✓	
4	Elk	Alces alces	✓				✓	✓	
5	Red fox	Vulpes vulpes		✓				✓	
6	American mink	Mustela vison				✓			
7	European beaver	Castor fiber				✓			
8	Red squirrel	Sciurus vulgarus		✓					
9	European hare	Lepus europaeus	✓						
10	Water vole	Arvicola terrestris		✓			✓	✓	✓