

South Africa – Cape & Garden Route

Saturday 6 – Sunday 21 September 2008

Natural History Safari of the Western Cape

Trip report by Mike Raymakers

Leader:

Mike Raymakers

Sunday 7th September 2008**Kirstenbosch National Botanical Gardens**

The group arrived on time at the Cape Town International Airport and after a short walk to our vehicle we transferred to our Guest House, situated in the suburb of Noordhoek on the Cape Peninsula. On route our party spotted House Crow at the airport, Hadedda Ibis, Egyptian Goose, Black-winged Stilt, Hartlaub's Gull, Red-knobbed Coot and Pied Crow. After settling in and freshening up, it was decided to have our picnic lunch at the guest house as a strong North Westerly wind was announcing an approaching cold front.

After lunch and short drive through the leafy residential suburbs of Tokai and Constantia we arrived at the Kirstenbosch National Botanical Gardens. This breathtaking location is 560 hectares of forest and Fynbos, 36 hectares of which are cultivated and tended by a dedicated staff of 300. The gardens were surprisingly busy in spite of the inclement weather. We made our way up the Camphor Avenue to the Protea section at the top of the garden, for a short introduction to *fynbos*. We were momentarily distracted by the call of a Sombre Greenbul, which we eventually saw. We had good views of a Cape Robin-Chat, followed by an Olive Thrush in the undergrowth. The Protea garden was alive with Southern Double-collared Sunbirds, Malachite Sunbirds and Orange-breasted Sunbirds showing off their iridescent plumage. We even spotted one showing its yellow epaulets and displaying to a female. Southern Boubou, Cape Canary, Brimstone Canary and Cape White-eye were also seen frequently during the afternoon. Overhead Little Swifts and Red-winged Starlings were active. Whilst making our way back down towards the visitors centre we saw Helmeted Guineafowl and Cape Spurfowl on the lawns. A thicket of trees near the path produced a wonderful sighting of a Spotted Eagle-Owl. There was more to come! As we walked on through a clearing, perched on a stump, was a very relaxed African Goshawk, who allowed us to take photographs while it preened. The flowers in the garden were at their best. The King Proteas were looking stunning, as were the Ericas, Pelargoniums, bulbs and succulent Mesemb with their bright colourful flowers. 'Mandela's Gold' a hybrid of the Bird of Paradise *Stralitzia Regina* was also looking great.

Monday 8th September 2008**Two Oceans Aquarium and Boulders**

Driving rain and a cold NW gale prompted a change to our plans for the day. After discussing our options, it was decided to spend the rather cold and wet morning at the Two Oceans Aquarium. This venue provides a great introduction to the marine life around our coast. Lunch was enjoyed at the adjoining restaurant. In the afternoon, the weather cleared and we headed for Boulders and the African Penguin colony on the Peninsula. On the way to Boulders we checked

the wetlands around Muisenberg and were delighted to find many birds including three Pied Kingfishers, a Caspian Tern and Great Crested Grebe. At Boulders the African Penguin was the highlight among Swift Terns, African Black Oystercatchers, Southern Right Whales and Cape Fur Seals. On the way back to our Hotel at the end of the day we stopped at the Clovelly Wetlands and were rewarded with Lesser Swamp Warbler, Cape Bulbul and Yellow Canary. Close to our Hotel we checked a few ponds that had formed close to the roadside and found Black Headed Heron, Yellow Billed Duck and a pair of Cape Shoveller sheltering from the strong winds.

Tuesday 9th September

Rondevlei Nature Reserve and Cape of Good Hope Nature Reserve

More cold and wet weather greeted us this morning, so we chose the Rondevlei Nature Reserve as a starting point. This proved to be a good call as the weather cleared as the morning progressed. This small reserve has an abundance of fauna and flora, with Hippo and Cape Clawless Otter, which we saw signs of, but sadly the creatures eluded us. Along the path to the various bird hides we looked at some of the endemic flora in the reserve, namely, the Cape Flats Sugarbush *Leucospermum leviscanus*, *Albucca canadensis*, *Carpobrotus edulis*, *Eriocephalus africanus* (Wild Rosemary), *Geranium incanum*, *Pelargonium myrhifolium*, *Serruria foeniculacea* (Rondevlei spiderhead), *Solanum guineense*, *Watsonia meriana*, and *Zaluzianskya villosa*. The hides were quiet at first but went on to produce good sightings of Goliath Heron, African Fish Eagle, Purple Heron and Lesser Swamp warbler among the usual Ducks, Egrets, Ibis, Gulls and Terns.

As the weather had cleared we drove to Cape Point for lunch which was taken at Olifantsbos. On arrival we were greeted by a small herd of Bontebok. These antelope are endemic to *fynbos* and stand out well amongst the low scrub. We made our way to the lighthouse view point and spotted Eland and good views of Cape Bunting, who just remained grounded as we took photos. Cape Sugarbird and Rock Kestrel were also seen, however the strong wind and approaching violent squall prevented us from making a positive ID of Cape Siskin which we were quite sure we heard. We ran for cover as the rain drove us back to the vehicle!

Wednesday 10th September 2008

Duiker Island and the Darling area

This morning the rain had stopped and allowed us to enjoy the boat trip to Seal Island, home to a mass of Cape Fur Seals. Bank Cormorant was also seen on the high points of the Island as well as the usual Gulls etc. We departed from Hout Bay mid-morning and made our way up the West Coast towards Darling and its renowned flower reserves. At last the sun appeared and as we turned onto the gravel road, we were immediately overwhelmed by bird activity, and this continued for the rest of the day. The entire afternoon was spent along this road and proved most rewarding. Great White Pelicans, Greater Flamingo, South African Shelduck, Yellow-billed Kite, Black-shouldered Kite, African Marsh-Harrier, Southern Black Korhaan, African Hoopoe, Cardinal Woodpecker and Long-billed Crombec to name only a few. This was by far the best birding day so far. At last! We continued until near sunset and arrived at the flower reserve in the early evening and enjoyed a short stop to look at flowers, however the birders were soon distracted by Cape Longclaw. As it was getting dark we headed for our Hotel in the small coastal town of Langebaan.

Thursday 11th September 2008**West Coast National Park & Postberg Flower Reserve**

Sun at last! We set off to the park filled with enthusiasm and anticipation as the weather was on our side at last. Our first stop was the Seeberg hide where we saw a number of small waders and Gulls as well as Black Harrier and Southern Black Korhaan. The Dune salad bush was in evidence everywhere - *Didelta carnosus*. A short stop at Geelbek produced weavers building their nests. On arriving at Postberg Flower Reserve we stopped at the entrance to admire the wonderful display of daisies as well as a noisy flock of Wattled Starlings. The right hand side of the dirt road was good for Familiar Chat and various Larks. Eland and Bat-eared Foxes were spotted on a colourful hillside as well as a large stand of *Syterium odorum*. Our lunch stop was situated on the coast near a beach and flower covered hillside, granite boulders to sit on Gulls and a Striped Mouse for company.

Our return journey took us past a granite outcrop with wonderful views of Langebaan Lagoon and the town itself. More flowers among the rocks and plentiful game on the way down - Springbok, Eland, Bontebok, Zebra and Gemsbok. Near the gate on our way out we were lucky to see the elusive Kudu. It was such a good view as we were stopped on a slight rise. We watched them browse till it was time to leave. We had a slow drive back to the hotel with views of a number of new birds, including Ostrich.

Friday 12th September 2008**Lamberts Bay & Clanwilliam**

We awoke to a sunny and warm day as we set off for the West coast in the direction of Velddrift. We stopped at the bridge over the Berg River near the salt works and soon spotted Lesser and Greater Flamingoes as well as Ringed, Kittlitz's and Three-banded Plover. After a brief stop we resumed our drive up the coast towards Eland's Bay and our lunch stop. We saw a large number of Swift terns and one Sandwich tern on the way, as well as *Aloe mitriformis*. During lunch we looked at *Babiana thunbergii* as well as excellent views of Bar-throated Apalis, Rock Kestrels and Yellow-billed Kite. As we drove out of Elands Bay, the river produced good views of Great White Pelicans, Giant Kingfisher, African Hoopoe and Lesser Swamp Warbler as we crossed the bridge. The gregarious Cape Gannets at Lamberts bay were entertaining as were the usual assortment of cormorants nesting on the island and fishing boats. A pair of White-fronted Plovers were very accommodating and we all took several pictures. After a cup of tea, we set off for Clanwilliam and stopped on the way to look at *Saterium odorum*. A Hamerkop was spotted by a few of us as we arrived into Clanwilliam, to round off a wonderful day.

Saturday 13th September 2008**Sevilla Trail & Cederberg Mountains**

Another fine day as we headed for the Cederberg Mountains. Our first stop along the Pakhuis Pass was the grave of C Louis Leipoldt set in an old rock shelter once frequented by the San. We spent some time reflecting on this mans life and these hunter gatherers which he admired so much. On arrival at Travellers Rest we were soon greeted by the incessant chirping of Cape Weavers, paid our entrance fee and set off on the trail. Soon tiny *Crassulas*, *Moreae tripetala* and *Gladiolus venustus* were spotted along the path. As we walked further up river the vegetation got thicker and we soon spotted Acacia Pied Barbet as well as Verreaux's Eagle high up and quite far off. As we sat admiring the San Rock art at one of the sites, the Honey flower below us was in full bloom and visited by Southern Double-collared Sunbirds, Malachite Sunbirds and Cape Bulbuls. On our return we enjoyed a picnic lunch under one of the only shade trees in the area,

(unfortunately a Blue Gum from Australia).

The rest of the afternoon was spent looking for Protea Seed-eater, which proved to be elusive. However all was not lost we went on to get excellent views of a Klipspringer in the road, of all places, and that was not to be the end of it, as in quick succession came Verreaux's Eagle, Booted Eagle and Rock Kestrel. On the way back to Clanwilliam we stopped at the Dam and were fortunate to round off the day with African Darter, White-breasted Cormorants, African Spoonbill, Reed Cormorants, Yellow-rumped Widow and Red Bishops.

Sunday 14th September 2008

Karoo National Botanical Gardens

Soon after departing from Clanwilliam we had great views of Jackal Buzzard, perched and flying. There were also an abundance of Red Bishops and Cape Canary on the roadside. Blue Cranes were fairly abundant and we had brilliant views of the mating display, quite a sight! The Blue Crane courtship dance raised our spirits considerably as it had begun to rain again! We stopped during a break in the weather and looked at Renosterveld, a rather special threatened type of *Fynbos*. Down came the rain again so we took a detour to Tulbagh to look at vernacular architecture. Just as well, as on the way out of town we were lucky to have really good views of Grey-winged. We continued on to Worcester for lunch and to the Karoo National Botanical Gardens, home to our succulent flora. It was cold and windy, with few birds about. Special plants are on show in these gardens such as *Aloe Dichotoma*, *Aloe ramossima*, *Pachipodium namaquanum*, *Aloe pearsonii* all endangered in their natural habitat. There were many different species of Euphorbia, Mesembs and Crasulas. As we were about to leave a male Klaas's Cuckoo appeared and was strangely trying to feed a Dusky Flycatcher a bug it had just caught. Acacia Pied Barbet was seen again after hearing its call, and it took some time to locate, but was worth the effort - good sighting. We spent the rest of the afternoon driving to Prince Albert but stopped on the way to look at *Aloe claviflora* and to photograph a magnificent pink and orange sunset.

Monday 15th September 2008

Swartberg Mountains & Oudtshoorn

We woke to a fine day - sun but a strong NW wind, Karoo Thrush, Mousebirds and Cape Sparrows in our neighbour's yard. After an excellent breakfast we bid farewell to our host and headed for the Swartberg pass. We stopped at the entrance to the pass and looked for some Karoo specials. We stopped again at the first drift and were rewarded with a number of birds. We saw Southern Double-collared Sunbird feeding on the aloes, good views of Cape Robin-Chat, Cape Bulbul and Speckled Mousebird. We continued up the pass and stopped at the dry waterfall and spent some time looking at Cape Canary, Speckled Pigeon and trying to ID some of the smaller birds flitting past. We suddenly heard a Ground Woodpecker call and were soon rewarded with excellent views of a pair of Ground Woodpeckers. Too windy at the top to do any birding, so decided to explore the Southern slopes which were more sheltered, we were soon rewarded with excellent views of Cape Rock-jumper and Cape Rock-Thrush. We stopped at the Cango caves for lunch and visit. Excellent views of Masked Weaver, House Sparrow, Fork-tailed Drongo, Sunbirds, Fiscal Flycatcher and Little Swift. We then drove through the little Karoo to George and on to our overnight at Plettenberg Bay with Giant Kingfisher on the way at Swartvlei.

Tuesday 16th September 2008

Garden of Eden & Knysna

Before leaving Coral Tree Cottages, and as we were loading the vehicle, we saw Cape Batis, Fork-tailed Drongo and Sombre Greenbul. We set off on a fine but cold morning for breakfast in the forest at the Garden of Eden. We saw Forest Buzzard, Black-headed Oriole, Sombre Greenbul, Dusky flycatcher, Southern Double-collared Sunbird, Cape White-eye, Cape and Chorister robin-Chat. We heard the Chorister Robin-Chat but only got a fleeting glimpse of it. After completing our stroll through the forest we went on to Knysna Heads for splendid views of the Knysna Lagoon. Bar-throated Apalis, Cape and White-breasted Cormorants were seen at the lookout point as well as Avocets and Red-billed teal, Yellow-billed ducks, Black-winged Stilts at the wetlands along the Lagoon shore. Our picnic lunch today was at Coney Glen, sunny and quite sheltered from the onshore winds. Dusky flycatcher, Streaky-headed Seedeater on the aloes provided us with much entertainment, as did Cape Robin-Chat and Cape White-Eyes, which filtered around as we enjoyed our picnic. After lunch we drove on to the village of Wilderness in search of Kingfishers, but instead we were rewarded with Knysna Turaco - 5 birds in a young Yellowwood tree with yellow berries. Good views were had by all of Reed Cormorant, Fork-tailed Drongo and Pied Kingfisher, Cape Batis, Greater Double-collared Sunbird with epaulets were also seen. We heard a Fiery-necked Nightjar calling as we left for dinner.

Wednesday 17th September 2008

Natures Valley

This morning we opted for breakfast at Coral Tree followed by a walk around the grounds before setting off for Natures Valley and some more forest birding. Green (Red-billed) Wood-Hoopoe and Malachite Sunbird were highlights, among the usual Hadedda Ibis and Cape Robin-Chat, which were all becoming regular daily visitors, as were the crooning of the Cape Turtle and Laughing Doves. A short stop at Lookout Beach to check for Southern Right Whales proved to be fruitful as we were delighted by an immediate sighting as well as Kelp Gull and Sacred Ibis. We stopped on the roadside to look at a magnificent example of a giant Yellowwood tree, then tried to get down to the Groot River mouth but sadly the road was flooded. So we turned back, when just to our left appeared a Bushbuck ewe - what a lovely sighting that was. The scene that greeted us further down the road was a little grimmer as the flood damage was quite evident; trees had been ripped up, the bridge damaged and the earth moving equipment hard at work clearing the debris. After finding suitable parking away from the clearing activity, we set off on our forest walk, and soon the sounds of machinery dwindled and we were left with only the sweet sound of the forest. The walk in was somewhat uneventful, we marvelled at the tall forest trees, but on our way back it all seemed to come alive. At one sunny clearing we were overwhelmed by different species coming in from all directions. Dusky Flycatcher, Sunbirds, Yellow-throated Woodland-Warbler, Blue-mantled Flycatcher, Cape Batis and a Pririt Batis! We exited the forest overjoyed at having had such good and clear sightings of these birds. Let's not forget the lovely swallowtail butterflies we saw only a few meters before reaching the road.

The Tsitsikamma National Park was our lunch stop today. Soon after entering the Park we spotted Rock Hyraxes or Dassie as it is called here, (these are small mammals distantly related to the Elephant) grazing and sunning themselves on the roadside. Sadly flood damage prevented us walking to the suspension bridge and the mouth of the Storms River, appropriately named in this instance. However, we did see +/- 250 Swift Terns plus African Black Oystercatcher, Cape Wagtail, Red-winged Starling and the usual Gulls and Cormorants.

After lunch we headed for the Big Tree, an 800 year old Yellow Wood, *Podocarpus falcatus*, interesting in that this species of conifer produces small round yellow fruit or berries, very unusual for a conifer. As we halted for road works, a Cape Sugarbird entertained us, displaying his long tail as he went about pollinating a *Leucospermum cordifolium*, one of the pincushion

Proteas. The walk to the Big Tree began quite uneventfully but all soon changed as we spotted a White-starred Robin secretly going about his business in the dim forest under story of vegetation. This was indeed a chance spotting of a very shy and elusive forest Robin, but lo and behold as we returned to our vehicle we chanced upon him again and this time he was in the company of a Chorister Robin-Chat. Needless to say we were elated and all managed at least a few good photos of both as they popped in and out of the undergrowth delighting us with their antics. What a wonderful end to a very productive day. Grins all around as we headed home.

Thursday 18th September 2008 **Overberg, Cape Agulhas & Hermanus**

The weather was fine as we loaded up for our drive down to Cape Agulhas and Hermanus. Driving through the forest near Knysna we spotted Forest Buzzard which was timely as we were heading out of the forests and into the Wheat fields. Other raptors such as Steppe Buzzard, Yellow-billed Kite and Black-shouldered Kite were seen quite often on the way down. Egyptian and Spur-winged Goose, Egrets and Yellow-billed Ducks were seen around farm dams, as well as Blue Cranes in the wheat fields. The weather became progressively worse as the morning went on, and finding a lunch stop sheltered from the increasingly strong westerly wind was a challenge. We finally found a suitable siding near a river and some tall Gum Trees. Had good sightings of Cape Weaver, Barn Swallow and White-throated Swallow. Packed lunch away in good time as storm was approaching and drove towards the Southern most Tip of Africa in driving rain. As we arrived the sky cleared briefly and we were able to at least walk about for some time. The usual Gulls and Terns were seen as we made our way back to the main road and on to our overnight stop in Hermanus. More rain as we drove down, but we were at last rewarded with good sightings of Denham's Bustard as we drove into Stanford. We were greeted by whales as we arrived at our Hotel and checked in.

Friday 19th September 2008 **Whale watching and Fernkloof Nature Reserve**

After breakfast and a morning at leisure spent whale watching and enjoying the walk along the cliff path, we set off for an afternoon at Fernkloof Nature Reserve. This mountain reserve situated on the mountains behind Hermanus is undoubtedly one of the best *fynbos* reserves in the Cape. Proteas (*longifolium*, *compacta*, *Leucospermum gracile*, *cordifolium* and *xanthocous*), Erica's (*sessiliflora*) were plentiful. The legumes (*Podalyria calyptata*, *Psoralea pinnata*) are also well represented. We saw *Drosera cistiflorus* a sundew, *Pelargonium cuclatum* and *Berzelia lanuginosa* with small white ball like flowers, the pink everlasting *Phaenocoma prolifera*. Cape canary, Cape Sugarbird, Sunbirds, Olive Thrush, Southern Tchagra and Southern Boubou in the thickets. It was challenging to get birders to concentrate on flora when so many birds were about and displaying so beautifully. Sweet waxbills were around the parking area as we returned to the vehicle.

Saturday 20th September 2008 **Harold Porter National Botanical Gardens**

Fine, sunny and warm this morning, not many whales in the bay but the resident Cape Robin-Chat and Cape Turtle Dove greeted us as we made our way to breakfast. A quick phone call to Cape Town Tourism confirmed that Table Mountain was still closed and we set off for Harold Porter Botanical Gardens in Betty's Bay, about 30 min drive from Hermanus. Not many birds

about as we drove out of the town for the last time. We called into Kleinmond estuary and found a few Hartlaubs Gulls. Harold Porter Botanical Gardens is situated within the Koggelberg Biosphere Reserve, one of the *Fynbos* endemic hotspots and home to many diverse habitats. We set off on a walk through the gardens and were soon greeted by many smaller birds feeding from proteas and in particular the tree fuchsia. We admired a rather splendid specimen of *Aloe plicatilis* also known as the fan aloe. Buchu of the Rutacea family (citrus) with lovely scented leaves and tiny blue or white flowers *Agathosma ciliaris*, *Agathosma capensis*, also noticeable were the trees with blue pea like flowers. It was time to call it a day and head for Cape Town's International Airport. We still managed a few more road side stops before the airport.

CRANE'S CAPE TOURS & TRAVEL**P.O.BOX 26277 * HOUT BAY * 7872 * CAPE TOWN * SOUTH AFRICA****TEL: / FAX: (021) 790 0616 * CELL: 083 65 99 777****E-Mail: birdtour@hbic.co.za****Birds seen:**

Common Ostrich
African Penguin
Great Crested Grebe
Black-necked Grebe
Little Grebe
Great White Pelican
Cape Gannet
White-breasted Cormorant
Cape Cormorant
Reed Cormorant
Bank Cormorant
African Darter
Grey Heron
Black-headed Heron
Purple Heron
Goliath Heron
Little Egret
Cattle Egret
Hamerkop
African Sacred Ibis
Glossy Ibis
Hadedda Ibis
African Spoonbill
Greater Flamingo
Lesser Flamingo
Egyptian Goose
South African Shelduck
Yellow-billed Duck
Mallard
Red-billed Teal
Cape Shoveler
Spur-winged Goose
Yellow-billed Kite

Black-shouldered Kite
Verreaux's Eagle
Booted Eagle
African Fish Eagle
Steppe Buzzard
Forest Buzzard
Jackal Buzzard
African Goshawk
African Marsh-Harrier
Black Harrier
Rock Kestrel
Grey-wing Francolin
Cape Spurfowl
Helmeted Guineafowl
Blue Crane
Purple Swamphen
Common Moorhen
Red-knobbed Coot
Denham's Bustard
Southern Black Korhaan
African Black Oystercatcher
Ringed Plover
White-fronted Plover
Kittlitz's Plover
Three-banded Plover
Grey Plover
Crowned Lapwing
Black-smith Lapwing
Ruddy Turnstone
Greenshank
Curlew Sandpiper
Whimbrel
Pied Avocet
Black-winged Stilt
Spotted Thick-knee
Kelp Gull
Hartlaub's Gull
Caspian Tern
Swift Tern
Sandwich Tern
Common Tern
Rock Dove
Speckled Pigeon
African Olive-Pigeon
Red-eyed Dove
Cape Turtle-Dove
Laughing Dove
Lemon Dove
Klaas's Cuckoo
Diderick Cuckoo
Spotted Eagle-Owl

African Black Swift
Little Swift
Alpine Swift
White-backed Mousebird
Pied Kingfisher
Giant Kingfisher
Malachite Kingfisher
African Hoopoe
Green Wood-hoopoe
Acacia Pied Barbet
Ground Woodpecker
Cardinal Woodpecker
Red-capped Lark
Karoo Lark
Large-billed Lark
Barn Swallow
White-throated Swallow
Lesser Striped Swallow
Greater Striped Swallow
Rock Martin
Banded Martin
Black Saw-wing
Fork-tailed Drongo
Black-headed Oriole
Cape Crow
Pied Crow
House Crow
White-necked Raven
Cape Bulbul
Sombre Greenbul
Olive Thrush
Karoo Thrush
Cape Rock-Thrush
Capped Wheatear
Familiar Chat
African Stonechat
Chorister Robin-Chat
Cape Robin-Chat
White-starred Robin
Cape Rock-jumper
Karoo Scrub-Robin
Lesser Swamp-Warbler
Little Rush-Warbler
African Marsh Warbler
Yellow-throated Woodland-Warbler
Bar-throated Apalis
Long-billed Crombec
Zitting Cisticola
Levaillant's Cisticola
Neddicky
Karoo Prinia

Spotted Flycatcher
Dusky Flycatcher
Fiscal Flycatcher
Cape Batis
Pirit Batis
Blue-mantled Crested Flycatcher
Cape Wagtail
African Pipit
Cape Longclaw
Common Fiscal
Southern Boubou
Southern Tchagra
Bokmakierie
Eurasian Starling
Pied Starling
Wattled Starling
Cape Glossy Starling
Red-winged Starling
Cape Sugarbird
Malachite Sunbird
Orange-breasted Sunbird
Southern Double-collared Sunbird
Greater Double-collared Sunbird
Amethyst Sunbird
Cape White-eye
House Sparrow
Cape Sparrow
Cape Weaver
Southern Masked-Weaver
Red Bishop
Yellow-rumped Widow
Common Waxbill
Swee Waxbill
Cape Canary
Cape Siskin - h
Brimstone Canary
Yellow Canary
White-throated Canary
Streaky-headed Seedeater
Cape Bunting

Mammals seen:

Chacma Baboon
Bushbuck
Rock Hyrax
Eland

Bat-eared Fox
Cape Grysbok
Klipspringer
Kudu
Yellow Mongoose
Striped Mouse
Rat
Cape Fur Seal
Springbok
Steenbok
Southern Right Whale
Blue Wildebeest
Burchell's Zebra
Gemsbok
Bontebok
Grey Squirrel

Reptiles:

Angulate Tortoise
Cape Skink
Cape Girdled Lizard
Cape Crag Lizard
Southern Rock Agama

Butterflies:

Painted Lady
Cabbage White
Meadow Widow
Common Dotted Border
Cape Spring Widow
African Small White
Mocker Swallowtail

Others:

Cape River Frog
Carpenter Bee
Monkey Beetle
Marsh Frog
Clicking Stream Frog
Freshwater Crab

Flower List:

Cape Peninsula and Kirstenbosch

Adenandra brachyphyla
Arctotis stoechadifolia
Aristea stoechadifolia

Berzelia lanuginosa
Clivia miniata
Carpobrotus acinaciformis
Coleonema album
Crassula dicchotoma
Diastella divaricata
Drosera sp Sundew
Erica imbicata
Erica plukenettii
Elegia capensis
Felicia fruticosa
Gnidia oppositifolia
Helichrysum retortum
Heliophila coronopifolia
Ixia paniculata
Leucodendron salignum
Leucospermum hypophyloconocarpodendron
Leucospermum cordifolium
Leucospermum conocarpodendron
Leucospermum erubescens
Leucospermum oleifolium
Mimetes fimbriifolius
Mimetes hirtus
Moraea tripetala
Nemesia versicolor
Nylandtia spinosa
Orpheum frutescens
Osteospermum fruticosum
Oxalis pes-caprae
Pelargonium capitatum
Pelargonium cuculatum
Penaea mucronata
Protea scolymocephala
Protea cynaroides
Salvia africana-lutea
Satyrium carneum
Senecio arenarius
Syncarpha vestita
Zygophyllum flexuosum

Rondevlei Nature Reserve

Albuca Canadensis
Eriocephalus africanus
Geranium incanum
Leucospermum leviscanus
Pelargonium myrtillofolium
Rhus laevigata
Satyrium odoratum
Serruria foeniculacea
Solanum guineense
Watsonia meriana

Zaluzianskya villosa

Darling area

Arctopus echinatus

Babiana angustifolia

Cyphia bulbosa

Diascia diffusa

Dorotheanthus bellidiformis

Hebenstretia robusta

Lachenalia pustulata

Leonotus leonurus

Oxalis purpurea

Oxalis versicolor

Romulea tubularis

Sparaxis paviflora

Spiloxene canaliculata

Tetragonia portulacoides

Tripteris clandestine

Tulbaghia capensis

Wachendorfia brachyandra

West Coast National Park / Postberg

Cynanchium africanum

Diascia collina

Eriocephalus racemosus

Euphorbia burmanii

Euphorbia caput-medusae

Ferraria crispa

Gladiolus allatus

Greilium grandiflorum

Heliophila coronopifolia

Homeria sp

Lapeirousia jacquinii

Limium africanum

Microloma sagittatum

Moraea tricolour

Oftia africana

Onocosiphon suffruticosum

Ornithoglossum viride

Othonna arborescens

Pelargonium fulgidum

Polygala myrtifolia

Rumex cordatus

Senecio sarcoides

Sutera uncinata

Sutherlandia (Lessertia) frutescens

Tetragonia fruticosa

Viscum capensis

Zaluskianskia

Zygophyllum morgansia

West Coast to Clanwilliam

Agathosma capensis
Arctotis hirsuta
Aponogeton distachyos
Aspalathus liniaris
Babiana ringens
Cotula turbinata
Crassula umbellata
Chrysanthemoides moniliera
Cyanella hyacinthoides
Drosera cistifolia
Euryops speciosissimus
Gazania rigida
Grielum grandiflorum
Grielum humifusum
Holothix secunda
Leucodendron pubescens
Leucospermum calligerum
Limonium purpuratum
Melianthus major
Monopsis simplex
Pelargonium scabrum
Phylica barnardii
Phylica oleaefolia
Protea glarba
Romulea tabularis
Ruchia sp
Satyrium odorum
Senecio elegans
Silene bellidioides
Tylecodon paniculata
Ursinia anthemoides
Wachendorfia paniculata
Whiteheadia bifolia

Clanwilliam / Pakhuis Pass / Sevilla Trail

Cotula sp
Crassula alpestris
Gladiolus alatus
Gladiolus venustus
Gladiolus inflatus
Selago glutinosa
Tripteris clandestina
Lachenalia unifolia
Homeria(Moraea) minata
Moraea tripetala
Moraea fugax
Felicia sp
Pelargonium magenteum
Bulbine torte
Diascia capensis

Zaluzianskya villosa
Ursinea sp
Babiana sp
Rumex lativalis
Massonia depressa
Rhynchopsidium pumilum
Nylandtia spinosa
Hermania trifurca
Euphorbia mauretunica
Gorteria diffusa
Lobostemon laevigatus
Euryops thunbergii
Bulbinella cauda-felis
Zygophyllum fulvum
Wormbia elongata
Erica sp
Aloe melanacantha
Hesperanthus bachmanii
Leucodendron pubescens
Protea nitida
Lampranthus cederbergensis
Euryops speciosissimus

Karoo / Swartberg Pass / Oudtshoorn

Aloe veriegata
Aloe ferox
Aloe comptonii
Gazania rigida
Osteospermum scariosum
Rhigozonum obovatum
Pelargonium capitatum
Protea punctata
Oxalis commuatum
Nivenia binata
Nymanina capensis

Fernkloof Nature Reserve / Hermanus

Arctotis semipapposa
Brunia nodiflora
Berzelia lanuginosa
Cassytha ciliolata
Crassula fascicularis
Drosera hiliaris
Drosera cistiflorus
Erica sessiflora
Erica viscaria
Gladiolus hirsuta
Gladiolus breviflorus
Lachnea densiflora
Metalasia erubescens
Muraltia heisteria

Oedera imbricate

Penaea cneorum

Phaencoma prolifera

Polyarrhena reflexa

Protea compacta

Protea longifolia

Psoralea pinnata

Saltera sarcocolla

Sebaea aurea

Struthiola confusa

Wideringtonia nodiflora