

# Western Ireland

## The Burren & Aran Islands

**Saturday 27 May – Saturday 3 June 2006**

### **Trip Report**

#### **Leaders:**

Stephanie & Jim Coghlan

### **Diary The Burren and Aran Islands 2006**

**Sat 27 May 2006**

**Sunny and clearing.**

The flights arrived on time and we met Marty our driver, and went out to the Shannon lagoon. There were 32 Mute Swans and a Grey Heron. We also found a Stoat with food in its mouth. Out on the estuary, there were two Curlews, and some distant Black-tailed Godwits, so we went round to the Golf Course entrance to see them closer and from the banks of the Fergus estuary we could see 150+ roosting at the edge of the lagoon. We also found a pair of Stonechats. We set off for Lisdoonvarna and passed through Ennistymon. At Kincora House Country House Inn, Doreen and Diarmuid Drennan gave us their usual welcome. The dining room and house had displays of Doreen's paintings everywhere.

**Sunday 28 May 2006**

**Sunny**

The early morning walkers heard many birds and found Heath Spotted and Early Purple Orchid in the Park. We set off after a large breakfast to Kilfenora, where we watched a video and visited the Burren Information Centre. We walked around the village to see the Cathedral and the West Cross. Stamps and postcards were purchased, then we went to Noughaval to see the Market Cross and Cahermacnaughton Fort where we heard our first cuckoo.

At Corkscrew Hill we stopped at the viewpoint and found more Early Purple Orchids. We lunched at Monk's Pub in Ballyvaghan harbour on Seafood Chowder and Brown Soda Bread and while Rock Pipits appeared and a Great Northern Diver was seen in the harbour.

We spent the afternoon walking around Abbey Hill. We immediately found Whitethroat and heard Cuckoo. There were plenty of Early Purple Orchids as well as Twayblade along the path, and we saw our first Burnet Roses, Spring Gentians and Mountain Avens were still flowering well as it was a late Spring. We returned to Lisdoonvarna and we tried the Guinness before dinner.

**Monday 29 May 2006**

**Sunny**

We set off over Corkscrew Hill to the Poulabrone Dolmen. We passed the site where the Gleninsheen collar was found. At the Dolmen we enjoyed the setting before the coaches arrived. We continued on to the Burren Perfumery had some coffee and cake and watched a slide show about the plants of the Burren. At Keelhilla NNR, we found plenty of Early Purple and Fly Orchids and other flowers. An exciting find was Dense flowered Orchids still

in flower. Skylarks and Meadow Pipits sang. We went to Lough Bunny and enjoyed the sunshine for our picnic, while we birdwatched on the lake. There were Great Crested Grebes and Reed Buntings. At the waters edge we found Dropwort in bud and puzzled over the violets. In the afternoon we visited Kilmacduagh, with its many churches and 10<sup>th</sup> cent. Roundtower. Swifts appeared overhead. At Mullach Mor, we found more Fly Orchids, and Shrubby Cinquefoil. We returned via Leamaneh House to Lisdoonvarna.

**Tuesday 30 May 2006                      Sunny**

We went out to Poll Sallach. Here we were soon looking at Hoary Rockrose, Hemp Agrimony, Golden Rod and Heath Spotted Orchid while we heard and saw Wheatears and Rock Pipits. In the sea there were Black Guillemots. In the grykes there were Sea Spleenwort, and many different plants. At Fanore Dunes there was Dodder, as well as Thyme and the usual masses of Birdsfoot Trefoil, buttercups and daisies and then we walked in the Caher valley. As we got out of the bus a pair of Peregrines were calling. There were lots of flowers, and still plenty of Spring Gentians. We will all remember \Brend's face when we found Large flowered Butterwort. We had a lunch of soup, sandwiches and scones at Bridie's in her kitchen. After lunch we walked down to the castle tower at Gleninagh, where we visited the Fullacht Fia, an ancient cooking place. At the Pinnacle Well, we found the Fairy Foxglove was in full flower. We walked down to the Rine and there were Sandwich Terns passing. We went round to Whitethorn and watched the Common (Harbour) Seals and terns on Gull Island from Whitethorn while we enjoyed tea and some had Guinness in the sunshine and reflected on the wonderful views across Galway Bay. We left reluctantly and drove home to Lisdoonvarna for the checklist and dinner and to pack for our Aran Islands trip.

**Wednesday May 31 2006                  Sunny**

We left at 9.15 and went to Doolin Pier to catch the ferry to Inishmor. We arrived about 11.15 and we met John O' Donnell for an island tour, and we went out to Dun Aonghasa. We had a soup and sandwiches lunch before getting our tickets and walking up to the Fort, which was very impressive with its cliff top setting and its 3 high walls. Back on the bus we came back on the shore road and passed the seal colony and the loch. The loch had Mute Swans with 6 cygnets. Back at Cill Ronain we had drinks and time for some shopping before catching the Ferry back to Inisheer. The sun still shone and the sea was flat. The ferry captain had to be reminded to drop us off at Inisheer, not since 'The Navy Lark' has there been such a sharp right hand turn into harbour. We walked up to Brid Poil's to be met with tea and scones. After a large dinner with wine from Brid, we walked up to see the sunset at O'Brien's castle and walked out towards the lighthouse. On our return there were plenty of Jackdaws roosting on the Signal Tower.

**Thursday 1 June 2006                      Sunny**

We heard the cuckoo calling all night. Some were out for early morning walks as it was a lovely morning and then we had a huge breakfast before setting off to explore the east of the island. At Loch Mor, the Mute Swans had 4 cygnets this year, and there was a Little Grebe as well as Stonechats, Linnets, Skylarks and Wheatears. We paused opposite the Plassy Wreck, which was wrecked on 8<sup>th</sup> March 1960 on the *Carraig na Finnise* reef, All the crew were saved. Heavy seas later moved it up to where it is now resting. Currently it is seriously breaking up so the Choughs now seem to have stopped trying to nest there.

We found Babbington's Leek, Irish saxifrage and Broomrape sp. We wended our way back through the lanes for a large lunch of salad and smoked salmon, scones and homemade jam and had a rest in the afternoon.

In the afternoon we set off to walk the Inisheer Way, and we went out to St Enda's Well. We saw plenty of flowers, but the Tern colony was gone. We returned for yet another of Brid's large meals and we enjoyed the wine Keith provided.

**Friday 2 June 2006**

**Sunny**

We awoke to more sunshine and the cuckoo still called intermittently. We had enjoyed another huge breakfast. We set off for O'Brien's Tower and The Church in the Sand. We had time for coffee, and some fitted in more Guinness, before the ferry came at 12.30 and we had a smooth ride back to Doolin, with good birds like Kittiwake, Fulmar, Guillemots and Razorbill passing by. We went to Doolin Crafts for a soup and scones lunch, where we sat in the garden and even welcomed some shade. We called at the R.Aille but could not find the Dippers. However, at the Cliffs of Moher we found plenty of breeding birds and were able to see Puffins loafing outside their burrows. We called at the Burren Smokehouse before we returned to Kinchora House to our old rooms and held a checklist before dinner. Wine from Peter today. Some went to hear traditional music at the Roadside Tavern after dinner.

**Saturday 3 June 2006**

**Sunny**

We left at 9.00 and went to the Craggaunowen project to see the Tower Castle and St Brendan's Boat, the Togher, an Iron Age Road, Ringfort and an ancient cooking place. We found Little Grebes on the Lake and saw Tree Creepers in the woods as well as Goldcrest. We left for the airport at 11.20, where we said our sad farewells, as we scattered to our various flights, or for those staying on to enjoy more time in Ireland, as the wonderful weather continued.

The highlights of the week had been the sheets of Mountain Avens, Spring Gentians, Great Northern Divers, Peregrines, Puffins and Black Guillemots, as well as Fly and Dense Flowered Orchids. We had an amazing week of good weather, with sunshine everyday, excellent company and some wonderful wildlife sightings.

**SPECIES CHECKLIST**

**BIRDS**

**Great Northern Diver** 1 off Ballyvaghan 27<sup>th</sup> May and off Inishmor on 31<sup>st</sup> May.  
**Little Grebe** 2 at Loch Mor on Inisheer and 2 at the lake at Craggaunowen on 3<sup>rd</sup> June.  
**Great Crested Grebe** 1 at Shannon Lagoon on 27<sup>th</sup> May and 2 on Lough Bunny 2<sup>9th</sup> May.  
**Northern Fulmar** Large numbers on the cliffs of Moher and singles from the Aran Islands.  
**Cormorant** Small numbers seen daily from 27<sup>th</sup>. Seen inland at Lough Bunny.  
**Shag** 100 + on 31st May at Inishmor. Seen in small flocks at Doolin off Inisheer.  
**Grey Heron** Two at Shannon lagoon, 4 at Inishmor, Single on Inisheer, singles near Craggaunowen.  
**Mute Swan** 30+ at Shannon lagoon on 28th A pair at Inishmor with 5 cygnets. A pair on Inisheer, Loch Mor on Inisheer with 4 cygnets, Singles on the sea and a pair on a nest on Gull island,  
**Common Shelduck** 40+ at Shannon Lagoon and single at Inishmor.  
**Mallard** 3+ at Shannon lagoon and on 4+ Loch Mor Inisheer and at Craggaunowen.  
**Wigeon** 1 at Shannon Lagoon on 25<sup>th</sup> May.  
**Kestrel** Seen in front of the bus near Poulnabrone Dolmen.  
**Peregrine** 2 in Caher Valley on 30<sup>th</sup> May.  
**Oystercatcher** Several in roost at Crab Island, Doolin 31st May.  
**Black-tailed Godwit** 150+ in roost at Shannon Lagoon 27<sup>th</sup> May.  
**Eurasian Curlew** Two off Shannon Estuary 27<sup>th</sup> May.  
**Dunlin** 10+ at Shannon Lagoon on 27<sup>th</sup> May and 10+ between Inishmor and Inisheer.  
**Redshank** Heard from Abbeyhill on 28<sup>th</sup> May.  
**Common Gull** Several at Lough Bunny 31<sup>st</sup> May and at Mullach Mor.  
**Great Black-backed Gull** Recorded daily 1-3 by the coast and on the Aran Islands

**Herring Gull** Common

**Black-headed Gull** Recorded in small numbers at Shannon lagoon and inland at Lisdoonvarna until 30<sup>th</sup> May.

**Kittiwake** Common at the Cliffs of Moher and at sea off Inisheer.

**Sandwich Tern** 2+ off the Rine, Inishmor and Inisheer, and at Gull Island, Ballyvaghan.

**Common Tern** 120+ at Gull Island, off Whitethorn, Ballyvaghan. Small numbers between Inisheer and Inishmaan .

**Guillemot** Large numbers at the Cliffs of Moher on and at sea around the Aran islands.

**Razorbill** Large numbers nesting on the Cliffs of Moher on and at sea .

**Black Guillemot** Seen off Poll Sallach and seen in harbour at Doolin and on Crab Island. Also near Aran Islands and off Black Head.

**Puffin** Recorded at the Cliffs of Moher on 2nd June.

**Wood Pigeon** Singles daily including the Aran Islands.

**Collared Dove** Seen daily at Lisdoonvarna.

**Cuckoo** 1-5 heard daily in the Burren, and very common on Inisheer and Inishmor.

**Swift** Recorded over Kilmacduagh on 29<sup>th</sup> May and over Doolin 2<sup>nd</sup> June.

**Skylark** Heard singing almost daily.

**Barn Swallow** Common daily, breeding.

**House Martin** Small numbers seen near Shannon Lagoon 27<sup>th</sup> May and over Doolin on 2<sup>nd</sup> June.

**Pied Wagtail** Common recorded daily

**Grey Wagtail** Seen on the river in Lisdoonvarna on the morning walks.

**Meadow Pipit** Common recorded daily.

**Rock Pipit** Common along the coast.

**Wren** Recorded daily. Very common on Inisheer and Inishmor.

**Duncock** Common.

**Blackbird** Common

**Song Thrush** Common recorded daily.

**Robin** Common

**Stonechat** Common pairs breeding daily.

**Northern Wheatear** Breeding in small numbers in the Burren uplands and on Aran islands, and at Poll Sallach.

**Sedge Warbler** Seen at Shannon lagoon May 27<sup>th</sup>.

**Willow Warbler** Common where suitable trees and scrubland was available around Lisdoonvarna, at Noughaval, Corkscrew Hill, and Abbey Hill.

**Chiffchaff** Heard at Craggaunowen on 3<sup>rd</sup> June.

**Common Whitethroat** Regular at Lisdoonvarna, Abbey Hill and Poul nabrone Dolmen.

**Blackcap** Heard around Lisdoonvarna.

**Goldcrest** Seen and heard in the woodland at Lisdoonvarna Park & Craggaunowen.

**Long-tailed Tit** Flock of 6+ at Gleninagh.

**Great Tit** Common

**Blue Tit** Common

**Treecreeper** Seen at Lisdoonvarna and Craggaunowen on 3<sup>rd</sup> June.

**Magpie** Common, except on Aran Islands.

**Jackdaw** Common.

**Rook** Very common

**Hooded Crow** Common

**Raven** Seen over Inisheer and the Cliffs of Moher on 2<sup>nd</sup> June.

**Starling** Common, small flocks daily.

**Reed Bunting** Seen at Shannon Lagoon and at Lough Bunny.

**Chaffinch** Common in small numbers.

**Greenfinch** Recorded in small numbers at Lisdoonvarna.

**Goldfinch** Small flocks around Lisdoonvarna and Craggaunowen.

**Linnet** Small flocks recorded in Caher Valley, Inisheer and the Burren.

**Bullfinch** One in front of the bus on 29<sup>th</sup> May.

**House Sparrow** Recorded daily at Lisdoonvarna, Inishmaan and Inisheer.

## MAMMALS

**Stoat** One at Shannon lagoon and one at the recycling centre Inisheer.

**Harbour(Common) Seal** 13 + at Gull Island, Ballyvaghan and at the Seal Colony 31<sup>st</sup> at Inishmor. 6+ on 1<sup>st</sup> June.

**Irish (Mountain) Hare** One seen near Doolin.  
**Rabbit** Several below Abbey Hill.  
**Rat** One dead at Noughaval.

#### **AMPHIBIANS**

**Common Frog** Recorded from Shannon Point, and Abbey Hill.

#### **FISH**

**Eel** Seen in Inisheer harbour..

#### **BUTTERFLIES**

**Small White** A few on 3<sup>rd</sup> June.  
**Orange-tip** Seen at Shannon lagoon 27<sup>th</sup> May.  
**Brimstone** Several flying at Lough Bunny and Mullach Mor on 29<sup>th</sup> May.  
**Wood White** *Leptidea sinapis* (Irish race) At Shannon Lagoons and Gleninagh Castle.  
**Small Copper** 1<sup>st</sup> June and 2<sup>nd</sup> June on Aran Islands.  
**Common Blue** 31<sup>st</sup> May Inishmor, 1<sup>st</sup> June and 2<sup>nd</sup> June Inisheer.  
**Red Admiral** 27<sup>th</sup> June Shannon Lagoon and 28<sup>th</sup> June Abbey Hill.  
**Small Tortoiseshell** 28<sup>th</sup> June Abbey Hill.  
**Speckled Wood** 27<sup>th</sup> May at Shannon Lagoon, 29<sup>th</sup> May at Mullach Mor and Lough Bunny and 30<sup>th</sup> May at Gleninagh castle.  
**Wall Brown** 30<sup>th</sup> May at The Rine, 31<sup>st</sup> May on Inishmor, 1<sup>st</sup> June and 2<sup>nd</sup> June on Aran Islands.  
**Dingy Skipper** 29<sup>th</sup> May at Lough Bunny and 2<sup>nd</sup> June on Inisheer.

#### **MOTHS**

**Cinnabar Moth** 1<sup>st</sup> and 2<sup>nd</sup> June on the Aran Islands.  
**The Lackey** Caterpillar on 1<sup>st</sup> June on Inisheer  
**Garden Tiger** Woolly Bear caterpillars on 1<sup>st</sup> June, Inisheer  
**Ruby Tiger** One at Lough Bunny on 29<sup>th</sup> May.  
**Oak Eggar** Caterpillar on 28<sup>th</sup> May on Abbey Hill.  
**Bufftip** One at Keelhilla NR on 29<sup>th</sup> May.  
**Narrow bordered Bee Hawk Moth** One at Lough Bunny on 29<sup>th</sup> May.

#### **OTHER INSECTS**

**Aran Bee** *Bombus muscorum smithianus* Seen on Inishmor and Inisheer. 31<sup>st</sup> May and 1<sup>st</sup> and 2<sup>nd</sup> June.  
**Rose Chafer** *Cetonia aurata* Seen on 30<sup>th</sup> and 31<sup>st</sup> Poll Sallach and Inishmor.  
**White-tailed Bumble Bee** *B. leucorum* Common  
**Red-tailed Bumble Bee** *B. lapidaries* Common  
**7 Spot Ladybird** *Coccinella 7-punctata* 28<sup>th</sup> May Abbey Hill and 1<sup>st</sup> June Inisheer.  
**Mayfly** *Ephemera danica* Seen at Lough Bunny on 29<sup>th</sup> May.

#### **OTHER TAXA**

**Brown lipped Snails** *Caprea sp.* Common  
**Flat Snails** Common.  
**Garden Snails** *Helix aspera* Common

**Stephanie and Jim Coghlan June 2006**

© The Travelling Naturalist 2006

**FLOWERS:**

Please note these are some of the highlights noted each day and are not a complete list:

**27th May Shannon lagoon**

Beaked Hawksbeard

Bird's Foot Trefoil

**Brookweed**

Bush Vetch

Cats Paw / Mountain Everlasting

Common Scurvygrass

Daisy

Gorse

Hemlock Waterdropwort

Hop Trefoil

Lady's Smock

Milkwort

Ox-eye Daisy

Quaking Grass

Red Clover

Salad Burnet

Shining Cranesbill

Silverweed

Slender St John's Wort

Teasel

Thrift

Thyme

Tormentil

Yellow Wort

**28<sup>th</sup> May Kilfenora, Noughaval, Corkscrew Hill, Ballyvaghan, Abbey Hill.**

Alexanders

Bird's Foot Trefoil

Bloody Cranesbill

Burnet Rose

Bush Vetch

Cats Paw / Mountain Everlasting

Common Dog Violet

Common Scurvygrass

Creeping Buttercup

Daisy

Dove's Foot Geranium

Early Purple Orchid

Fineleaved Cotoneaster

Germander Speedwell

Glaucous Sedge

Gorse

Hairy Sedge

Hart's Tongue Fern

Hawthorn

Hazel

Heath Spotted Orchid

Heather

Herb Robert

Honeysuckle

Hop Trefoil

Ivy-leaved Toadflax

Juniper

Kidney Vetch

Lady's Smock

Lords and Ladies

Maidenhair Spleenwort

Milkwort

Mossy Saxifrage

Mountain Avens

Mouse-eared Hawkweed

Mouse-eared Chickweed

Pendulous Sedge

Pignut

Polypody Fern

Primrose

Quaking Grass

Red Clover

Ribwort Plantain

Rustyback Fern

Salad Burnet	Thyme-leaved Speedwell
Scarlet Pimpernel	Tormentil
Sea-Milkwort	Twayblade
Seslaria / Blue Grass	Wall Pennywort
Shining Cranesbill	Wall Rue
Silverweed	Wild Madder
Spring Gentian	Wild Strawberry
Stag's Horn Plantain	Wood Sage
Thrift	Yellow Wort

**29<sup>th</sup> May Poul nabrone Dolmen, Burren Perfumery, Keelhilla NNR, Lough Bunny, Mullagh Mor.**

Bird's Foot Trefoil	Juniper
<u>Bitter Vetch</u>	Kidney Vetch
<u>Black Bog-rush</u>	Lesser Meadow Rue
Bloody Cranesbill	Lousewort
<u>Bog / Meadow Thistle</u>	Maidenhair Spleenwort
Bugle	Milkwort
Burnet Rose	Mountain Avens
Bush Vetch	Mouse-eared Chickweed
Cats Paw / Mountain Everlasting	Ox-eye Daisy
Common Dog Violet	<u>Pignut</u>
Cowslip	Primrose
Daisy	Quaking Grass
Dense-flowered Orchid	<u>Rue-leaved Saxifrage</u>
Dropwort	Rustyback Fern
Early Purple Orchid	<u>Salad Burnet</u>
<u>Fairy Flax</u>	Seslaria – Blue Grass
Fly Orchid	Shrubby Cinquefoil
Fuchsia	Silverweed
Germander Speedwell	Spring Gentian
Gorse	Tormentil
Guelder Rose	Twayblade
Hart's Tongue Fern	Wall Lettuce
Hazel	Wall Pennywort
Heath Spotted Orchid	Wall Rue
Herb Robert	Western Marsh Orchid
Holly	Wood Sage
Honeysuckle	Yellow Rattle
Eyebright	<u>Yellow Wort</u>

Possible Fen Violet??

**30<sup>th</sup> May Poll Sallach, Fanore Dunes, Caher River, Pinnacle Well, The Rine,  
Ballyvaghan**

Bird's Foot Trefoil	Large-flowered Butterwort
Bloody Cranesbill	Maidenhair Fern
Bulbous Buttercup	Maidenhair Spleenwort
Burnet Rose	Marsh Marigold
Bush Vetch	Milkwort
Butterwort	Mountain Avens
Cats Paw / Mountain Everlasting	Mouse-eared Chickweed
Common Dog Violet	Mouse-eared Hawkweed
Common Scurvygrass	Pignut
Common Vetch	Primrose
Common Figwort	Quaking Grass
Cowslip	Red/White Clover
Creeping Buttercup	Ribwort Plantain
Daisy	Rock Samphire
Dense-flowered Orchid	Rustyback Fern
Dodder	Sand Sedge
Early Purple Orchid	Scarlet Pimpernel
Eyebright	Sea Beet
Fairy Foxglove	Sea Champion
Germander Speedwell	Sea Mayweed
Golden Rod	Sea Radish
<u>Golden Samphire</u>	Silverweed
Hart's Tongue Fern	Slender St John's Wort
Hazel	Soft Shield Fern
Heath Bedstraw	Spring Gentian
Heath Spotted Orchid	Stag's Horn Plantain
Heather	Thrift
Herb Robert	Thyme
Hoary Rockrose	Tormentil
Honeysuckle	Wall Rue
Hop Trefoil	Wild Madder
Ivy-leaved Toadflax	Wood Sage
Kidney Vetch	Yellow Flag
Lady's Bedstraw	Yellow Wort
Lady's Smock	

**31st May Inishmor, Inisheer.**

Alexanders

Babbington's Leek

Bird's Foot Trefoil

Bloody Cranesbill

Burnet Rose

Common Figwort

Common Fumitory

Common Scurvygrass

Dove's Foot Geranium

Early Purple Orchid

Field Mouse-ear

Fools Watercress

Gorse

Hart's Tongue Fern

Heath Bedstraw

Heath Speedwell

Heath Spotted Orchid

Heather

Hedgerow Geranium

Hemp Agrimony

Herb Bennett

Herb Robert

Honeysuckle

Hop Trefoil

Lady's Smock

Lesser Celandine

Mouse-eared Chickweed

Ox-eye Daisy

Pellitory of the Wall

Primrose

Ragged Robin

Rue-leaved Saxifrage

Scarlet Pimpernel

Sea Campion

Spring Gentian

Thrift

Valerian

Wall Lettuce

Wood Sage

**1<sup>st</sup> June Inisheer**

Alexanders

Babbington's Leek

Beaked Hawksbeard

Bird's Foot Trefoil

Bloody Cranesbill

Burnet Rose

Bush Vetch

Cats Paw / Mountain Everlasting

Common Broomrape

Common Scurvygrass

Cowslip

Creeping Buttercup

Cut-leaved Cranesbill

Daisy

Dame's Violet

Dove's Foot Geranium

Early Purple Orchid

Field Madder

Fineleaved Cotoneaster

Germander Speedwell

Groundsel

Hart's Tongue Fern

Heath Dog Violet

Hedgerow Geranium

Herb Robert

Honeysuckle

Hop Trefoil

Irish Saxifrage

Ivy-leaved Toadflax

Kidney Vetch	Sea Plantain
Lady's Bedstraw	Sea Spurge
Lady's Smock	Shining Cranesbill
Lords and Ladies	Stag's Horn Plantain
Maidenhair Spleenwort	Storksbill
Mouse-eared Chickweed	Thrift
Ox-eye Daisy	Thyme
Pellitory of the Wall	Tree Mallow
Pignut	Twayblade
Polypody Fern	Valerian
Poppy	Wall Lettuce
Primrose	Wall Rue
Red Clover	Watercress
Ribwort Plantain	Western Marsh Orchid
Rue-leaved Saxifrage	Wild Madder
Rustyback Fern	Wild Strawberry
Salad Burnet	Wood Sage
Scarlet Pimpernel	Woundwort
Sea Champion	

**2nd June Inisheer, O'Briens Tower, Church in the Sand, Doolin, River Aille, Cliffs of Moher**

Babbington's Leek	Samphire
Bargemans Cabbage	Sea Beet
Bird's Foot Trefoil	<u>Sea Champion</u>
Bloody Cranesbill	Sea Plantain
Common Scurvygrass	Sticky Mouse-ear
Common Vetch	Squinancywort
Creeping Buttercup	<u>Stag's-horn Plantain</u>
Daisy	<u>Valerian</u>
Dog Violet	Water Figwort
Hemp Agrimony	Yellow Rattle
Herb Robert	Yellow Wort
Ragged Robin	

**3<sup>rd</sup> June Craggaunowen**

Yellow Water Lily	Yellow Flag
-------------------	-------------

*Stephanie & Jim Coghlan June 2006. Many thanks to Brenda Harold for checking the plant list for us. We claim any mistakes as our own. SMC & JJC*

© The Travelling Naturalist 2006